

**Air Cadet Medical Declaration & Certificate of Fitness for Glider Pilot Training**

**Part A To be completed by the Issuing Officer at ATC Wing or CCF Contingent**

Name of Cadet	Sqn (ATC) or Unit (CCF)
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Date of Birth (DD/MM/YYYY)	The Issuing Officer should also complete the same three details in the shaded boxes in Annex A plus his/her signature and unit stamp.
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**Part B Declaration of the Cadet shown in Part A See Notes to Cadets overleaf**

I have read and understood the "Note for Cadets" printed with this declaration. I have discussed my medical history with my General Practitioner (GP) and have not withheld any relevant medical information from my doctor. I believe I am fit to fly as a pilot at the standard indicated by my GP below. I give my consent for this form to be completed. I also give my consent for this information to be used by the RAF authorities as they see fit.

Sign ..... Signature of Parent/Guardian .....  
(If cadet under 16 years old)

Date .....

**Part C General Practitioner's Counter Signature See Notes to General Practitioners overleaf**

I am the general practitioner of the cadet named in Part A and I have seen his/her medical records. I have read the "Notes for the General Practitioner" printed overleaf and the "Guidance on Medical Conditions for a Medical Declaration for Air Cadets" on page 4. I am aware of the DVLA medical requirements for drivers and believe there is nothing in the applicant's medical history which prevents him/her meeting the following standard.

Please tick **one** box only (the form is invalid if more than one or none of the boxes is ticked)

**DVLA Group 1** (private driving modified, if necessary from an information sheet)  
Permits Solo Flying.

**Unfit for Group 1**

Signature of GP .....

Name of GP  
Please Print .....

Date of Signing .....

(Certificate is valid for 2 years from date of signing)

Practice Stamp (including Contact Details)

Any special limitations as discussed with the CFMO (please do **NOT** include clinical details)

### Notes for Cadets

**1. The F6424 Medical Declaration** The medical declaration must be signed by you (or parent/guardian if under 16 years of age) and countersigned by your GP to validate the certificate. The declaration will expire after a period of two years from the date of signing.

The minimum age for self declaration is six months prior to your 16<sup>th</sup> birthday (Note: 16 is the minimum age to start training).

**2. Information to Provide to your GP** You must provide your GP with all 3 pages plus Annex A of F6424. Your GP will not be able to countersign your declaration until they have read this information, which explains the procedure to be followed if you have a history of any of the specified medical conditions. Your GP may need to contact the Command Flight Medical Officer (CFMO) for further advice.

**3. Fitness to Fly** Whenever you intend to go flying it is your personal responsibility to ensure that you are fit to act as pilot in command. Illness injury, taking medication, fatigue, pregnancy, medical procedures or surgical operations will usually result in temporary unfitness. **If in doubt about your fitness you should not fly.**

**4. Reduction in Medical Fitness** On referral for a medical investigation or procedure, or after any serious illness or injury, you must discuss your fitness with a doctor.

This may be your treating doctor or your GP. **It is your responsibility to ensure that, at each consultation, any doctor providing medical advice is aware that you are a pilot.** If any doctor advises that you are unfit for flying, you must not fly until that assessment has been changed. The CFMO can give advice about flying to your treating doctor or GP.

Rarely, your GP and/or the CFMO may consider that the declaration should be suspended during your period of reduced medical fitness. In these circumstances, the CFMO is responsible for the suspension of the medical declaration and determining whether you are fit to return to flying subsequently.

**5. Corrective lenses** If you wear spectacles or contact lenses, a readily available spare pair of spectacles must be carried when flying.

**6. Keeping your F6424 Current** You may not fly if your F6424 has been signed more than 2 years ago. It is your responsibility to check this.

**7. After Signing** Your F6424 must be handed to your Sqn CO for confirmation in your Record of Service Book (F3822). Cadets are to retain possession of the completed certificate which must be handed to the VGS before training can start. Your F6424 should not be forwarded to HQAC for referral to CFMO.

### Notes for General Practitioners

**1. Countersignature of F6424 Medical Declaration** The medical declaration on the F6424 is a declaration by the cadet of fitness to fly. It requires a signature from the cadet confirming that they have read the notes about present and future fitness to fly and a countersignature from you, their GP, verifying that there is nothing in the medical history that would prevent them from reaching the appropriate DVLA standard. The latest version of these standards can be found on the DVLA website (<http://www.dft.gov.uk/dvla/medical/ataglance.aspx>).

Only a UK licensed GP with whom the cadet is registered may countersign the declaration. You are not being asked to assess the cadet's fitness to fly and there is no requirement to undertake a medical examination unless you wish to check a specific health parameter. Your countersignature confirms the absence of a medical history that would preclude holding a DVLA Group 1 licence (with modifications for certain conditions, see below). The RAF is responsible for these medical standards which acknowledge that an accurate knowledge of a cadet's past medical history is the most important information in assessing a future risk of incapacitation.

**2. Group 2 Standard** There is no requirement to reach DVLA Group 2 Standards.

**3. Group 1 Standard** Cadets must not have a condition that would prevent them meeting the DVLA Group 1 (private) driving standards. Because of the differences between flying and driving, in particular the ability to pull over quickly to the side of the road when driving, the medical declaration standards will occasionally need to be more restrictive for cadets than drivers. However, these situations are relatively rare (e.g. angina, heart failure and pneumothorax).

**4. Guidance on Medical Conditions for a Medical Declaration** A list of common medical problems such as cardiac diseases, drug/alcohol misuse, epilepsy, neurological disease, physical disability, psychiatric disorders, respiratory disease and asthma have been listed at Page 3. These conditions will always require further discussion with the CFMO.

**5. Further Advice** If you have any doubts about a cadet's fitness and the guidance does not cover a particular condition, or if the DVLA "At a Glance" notes state that, for a particular condition, DVLA notification is necessary, the CFMO should be contacted.

**6. Payment of Doctors Fee** The practice may claim payment of the standard fee from Air Cadet Funds by completing and signing Annex A to RAF F6424 and returning to the address indicated. Please note that all details will need to be completed to ensure payment is made.

## Guidance for GPs on Medical Conditions for a Medical Declaration for Air Cadets

### Notes

The key functional abilities for flying are for good vision and hearing together with the strength/coordination equivalent for driving a car. Medical incapacitation (particularly if unheralded) can pose more of a risk in the air as the cadet cannot usually 'pull-over' to deal with a medical issue. In the air, cadets are also subjected to hypoxia and cold with increasing altitude.

The medical standards for the Air Cadet relate to the DVLA medical standards of fitness to drive. Group 1 (private driving) standards can be considered for solo flying or flying with another suitably qualified pilot. **The DVLA should not be approached for advice about medical standards for flying.**

The advice contained in DVLA (<http://www.dft.gov.uk/dvla/medical/ata glance.aspx>) should be followed as if advising a driver of their fitness to drive. If there is any uncertainty, e.g. whether a limitation is necessary, advice from the Command Flight Medical Officer (CFMO) should be sought ([AIR38Gp-CAM-CFMOSO1@mod.uk](mailto:AIR38Gp-CAM-CFMOSO1@mod.uk)). Special consideration should be made of cadets with multiple conditions. Where it is stated that the DVLA will arrange independent testing, the need for this, and how it should be done, should be discussed with the CFMO. Medical review to continue flying may be required more frequently than the routine revalidation periods.

### The following conditions will always require discussion with the CFMO\*:

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| <ul style="list-style-type: none"><li>• Diabetes treated with potentially hypoglycaemic medication</li><li>• Angina/coronary disease</li><li>• Permanent Pacemaker</li><li>• Heart Failure</li><li>• Cardiac Valve Replacement</li><li>• Chronic Lung Disease</li><li>• Pneumothorax</li><li>• Recurrent Syncope</li><li>• Epilepsy</li><li>• Cerebral Disorders</li><li>• Any Medical condition necessitating the carriage/use of an AnaPen or EpiPen</li></ul> | <ul style="list-style-type: none"><li>• Alcohol/substance Misuse</li><li>• Use of Antidepressant medication</li><li>• Psychotic Disorders</li><li>• Personality Disorders</li><li>• Physical Disability</li><li>• Any Transplant</li><li>• Malignant Disease</li><li>• Medication likely to cause Drowsiness or incapacitation</li><li>• Asthma</li></ul> |
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**A change in symptoms, the result of any repeat investigation, or treatment may require discussion with the CFMO. A period of unfitness may be necessary.**

The cadet is responsible for making sure that copies of any relevant reports or investigations are available.

\* When writing to the CFMO, please provide full clinical details of the Cadet and a contact telephone number where you can be contacted should further information be required.

# Air Cadet Medical Declaration of Fitness for Glider Pilot Training Claim Form for Doctor's Fee

In accordance with the Data Protection Act 1988, the Ministry of Defence will collect, use, protect and retain the information on this form in connection with matters relating to personnel administration and policy.

**RAF Form 6424  
Annex A**  
(Rev Feb 2013)

**Please complete in BLOCK CAPITALS**

Name of Cadet	<input type="text"/>		
Date of Birth	<input type="text"/>	Sqn/Unit UIN	<input type="text"/>
Sqn (ATC) or Unit (CCF)	<input type="text"/>		

**The claim form is invalid without the Issuing Officer completing the details below plus his/her signature and unit stamp.**

<b>Issuing Officers Signature</b>		<b>Stamp of Issuing ATC Wing or HQAC</b>
<input type="text"/>	<input type="text"/>	<input type="text"/>
Date	<input type="text"/>	

**The practice may claim payment of the standard fee from Air Cadet Funds by completing and signing the details below and sending the original form to the address below.**

<b>Practice Name</b>	<input type="text"/>									
<b>Postcode</b>	<input type="text"/>									
<b>Payee Name if different to Practice</b>	<input type="text"/>									
<b>Tel No</b>	<input type="text"/>									
<b>Sort Code</b>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>Account No</b>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>Doctors Name</b>	<input type="text"/>									
<b>Doctors Signature</b>	<input type="text"/>									

  

<b>Please Return Form to:</b>	<b>For Accounts Use</b>	
	Con Code	<input type="text"/>
	Exc Code	<input type="text"/>
	Amount	<input type="text"/>
<b>Accounts Section HQ Air Cadets RAF Cranwell Sleaford Lincs NG34 8HB</b>	<b>PAID STAMP</b>	<b>BILLS DIRECT STAMP</b>